

Update & Review Interaction on Cardiovascular drugs

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ภาควิชาเภสัชกรรมปฏิบัติ คณะเภสัชศาสตร์

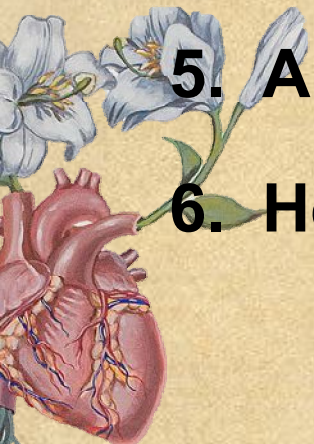
มหาวิทยาลัยนเรศวร



Drugs commonly used in cardiology practice



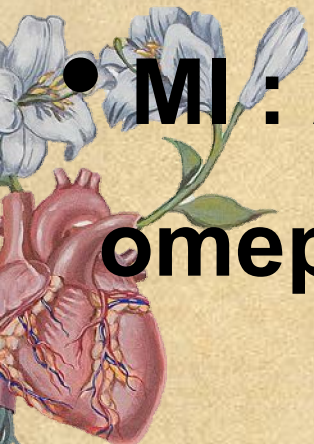
1. Antihypertensive: ARB, CCB, ACEIs, diuretics
2. Anti-dyslipidemia: Statin, fenofibrate, nicotinic acid
3. Anti-platelet drug: Aspirin, GP IIb/IIIa antagonist
4. Anti-coagulants: Warfarin, heparin, NOAC
5. Anti-arrhythmic: Amiodarone
6. Heart failure: Beta blocker, ACEIs, digoxin



Drug in cardiovascular disease



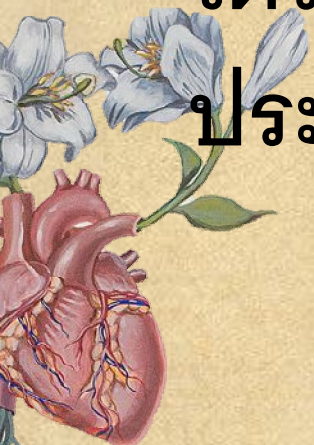
- **Atrial fibrillation : warfarin/NOAC, amiodarone**
- **CHF : beta-blocker, ACEIs, diuretic, digoxin, spironolactone**
- **MI : Aspirin, clopidogrel/ticagrelor/prasugrel, omeprazole, statin, beta-blocker, ACEIs**



Drug interaction : คำจำกัดความ



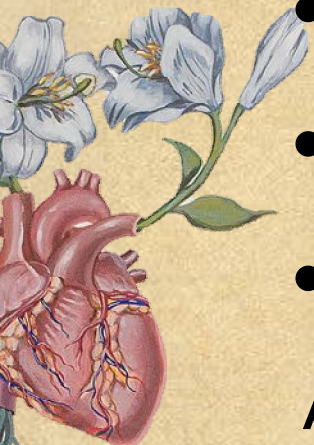
- ปฏิกริยาต่อกันของยา ที่ทำให้ระดับยาหรือพารามิเตอร์ทางจลนศาสตร์ หรือ ฤทธิ์ทางเภสัชวิทยาของยาตัวหนึ่งในร่างกายเปลี่ยนแปลงไป เมื่อได้รับยาตัวอื่นร่วมด้วย ซึ่งอาจส่งผลให้เพิ่มหรือลดประสิทธิภาพของยาก็ได้



Drug interaction – risk factor



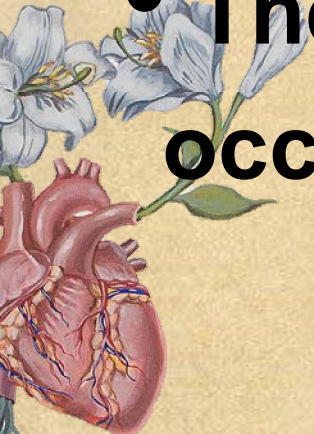
- Poly pharmacy
- Multiple prescribers
- Multiple pharmacies
- Genetic make up
- Specific population like . elderly, obese, critically ill patient
- Specific illness E.g. Hepatic disease, Renal dysfunction,
- Narrow therapeutic index drugs : Digoxin, Insulin, Lithium ,
Antidepressant, Warfarin



Clinical significance



- **Significant rating**
- **The time of ONSET of the effect of interaction**
- **The potential SEVERITY of interaction**
- **The DOCUMENTATION that the interaction occurs clinically**



SIGNIFICANCE RATING

- **Significant : 1,2,3,4,5**
- **Onset : rapid, delay**
- **Severity : major, moderate, minor**
- **Documentation : established, probable, suspected, possible, unlikely**



Drug interaction effects



- Additive effect : $1 + 1 = 2$
- Synergistic effect : $1 + 1 > 2$
- Potentiation effect : $1 + 0 = 2$
- Antagonism : $1 - 1 = 0$



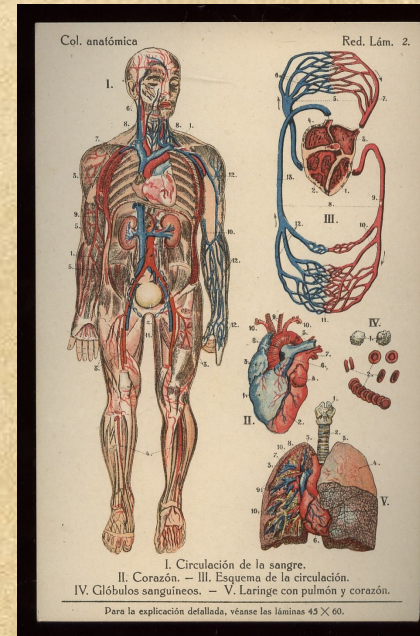
Mechanism of Drug Interaction



1. Pharmacodynamics

2. Pharmacokinetics

3. Direct chemical or physical mechanism



Pharmacokinetic interactions



- Drug absorption interactions
- Drug displacement (protein-binding)
- Drug metabolism interactions
- Interaction due to changes in excretion

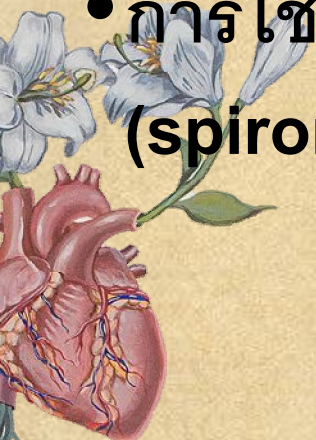


ADME

Common pharmacodynamics drug interaction



- การใช้ยา anticoagulant ร่วมกับยา antiplatelet
- การใช้ยากลุ่ม Non-hydropyridine CCB (Verapamil) ร่วมกับยากลุ่ม beta-blocker
- การใช้ยา sildenafil ร่วมกับยากลุ่ม nitrate (vasodilator)
- การใช้ยากลุ่ม ACEIs ร่วมกับยา potassium-sparing diuretics (spironolactone)



CYP3A4 inhibitor drug

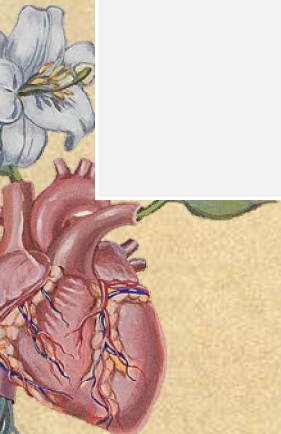


Potency	Groups	Drugs
High	Antibiotics	Clarithromycin, Telithromycin, Chloramphenicol
	Antifungal	Azole
Moderate	CCP	Verapamil, diltiazem

Drugs that induce cytochrome P450 isoenzyme



CYP	Inducing drugs
CYP3A4	Rifampicin Barbiturates Carbamazepine Dexamethasone St. John's wort



Drugs that induce cytochrome P450 isoenzyme



CYP P450 isoenzyme	Inducing drugs
CYP1A2	Barbiturate Omeprazole Phenytoin Tobacco smoke
CYP2C9	Barbiturate Rifampicin
CYP3A4	Barbiturates



Drugs that inhibit cytochrome P450 isoenzymes



CYP P450 isoenzyme	Inhibit drugs
CYP1A2	Cimetidine, Fluvoxamine, Grapefruit
CYP2D6	Fluoxetine, Quinidine, Ritonavir



Medications that act as substrates, inhibitor or inducers of P-gp



Substrate	Inhibitors	Inducers
Cyclosporine	Amiloride Amiodarone Atorvastatin	Aspirin
Dipyridamole	Carvedilol Cyclosporine Digoxin	Cyclosporine
Digoxin	Diltiazem Dipyridamole	Paclitaxel
Diltiazem	Doxazosin Felodipine	Reserpine
Losartan	Lidocaine Lovastatin	
Quinidine	Nifedipine Propafenone	
Tacrolimus	Propafenone Propranolol	
	Quinidine Simvastatin	
	Spironolactone Verapamil	

Drug Interaction of beta blocker



Pharmacodynamics	Non-hydroxyridine CCB (Verapamil or diltiazem)	อาจทำให้เกิด sinus bradycardia หรือ heart block
Pharmacokinetic	Propranolol and metoprolol	Metabolized ที่ตับ liver และผ่าน first pass clearance

Drug interaction of Antiplatelet



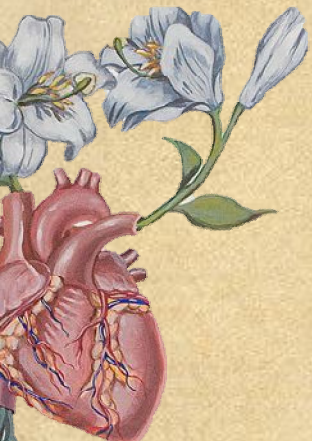
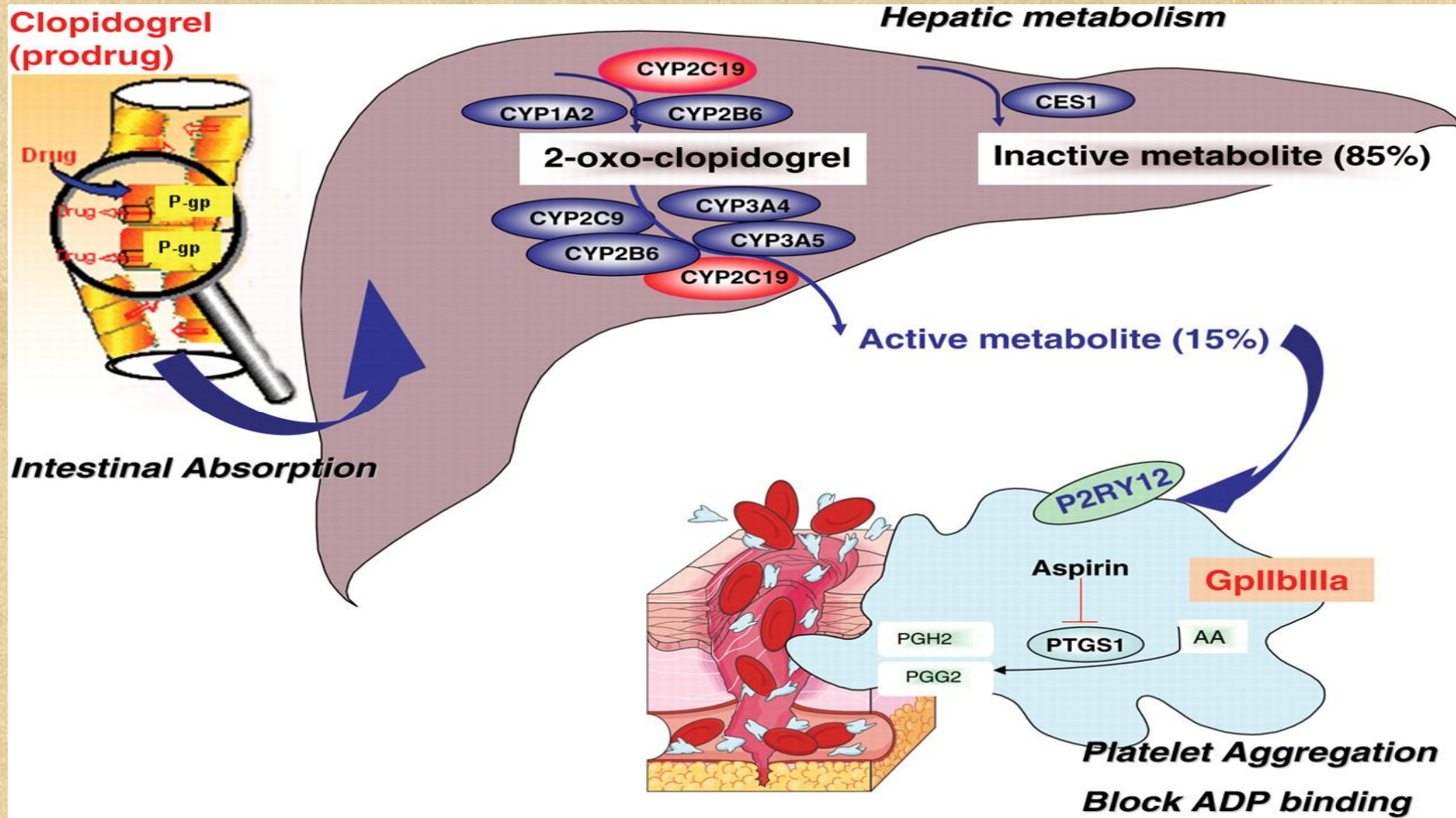
Antiplatelet

Interaction

Aspirin

Risk bleeding เพิ่มขึ้นเมื่อให้ร่วมกับยา antiplatelet หรือ anticoagulant ตัวอื่น

Drug interaction of Clopidogrel



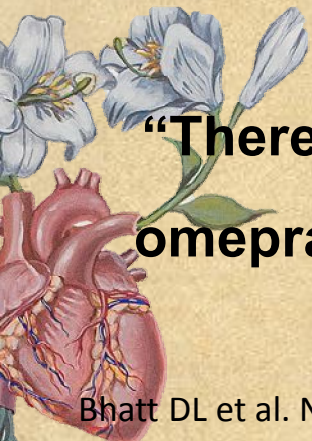
Clopidogrel with or without Omeprazole in coronary artery disease: COGENT study



Cogent Criticisms

- Lower risk population – only 42% were taking clopidogrel for ACS
- Fixed dose formulation used quite distinct from individual dosing
- Study stopped early as sponsor lost funding – only 77% of planned subjects were enrolled

“There was no apparent cardiovascular interaction between clopidogrel and omeprazole, but our results do not rule out a clinically meaningful difference in cardiovascular events due to use of a PPI. “





Drugs

FDA reminder to avoid concomitant use of Plavix (clopidogrel) and omeprazole

Please note this is not a Drug Safety Communication, rather just a reminder of our recommendations from the previous DSC. It is posted on the [Plavix Information](#)¹ page.

The U.S. Food and Drug Administration (FDA) is reminding the public that it **continues to warn against the concomitant use of Plavix (clopidogrel) and omeprazole** because the co-administration can result in significant reductions in clopidogrel's active metabolite levels and antiplatelet activity. This information was added to the drug label of Plavix in November 2009, and has been the source of continued discussion in the medical literature.¹

Patients at risk of heart attacks or strokes, who are given Plavix to prevent blood clots, will not get the full anti-clotting effect if they also take omeprazole. Omeprazole is found in prescription products (Prilosec, Zegerid, and generic products) and over-the-counter products (Prilosec OTC, Zegerid OTC, and generic products).

FDA wishes to emphasize additional facts that may be a source of confusion among healthcare professionals:

- With regard to the proton pump inhibitor (PPI) drug class, this recommendation **applies only to omeprazole** and not to all PPIs. Not all PPIs have the same inhibitory effect on the enzyme (CYP 2C19) that is crucial for conversion of Plavix into its active form.
- Pantoprazole (Protonix) may be an alternative PPI for consideration. It is a weak inhibitor of CYP2C19 and has less effect on the pharmacological activity of Plavix than omeprazole.

For more information, see FDA's previous [Drug Safety Communication on the Plavix-omeprazole interaction](#)².

¹Bhatt, DL, Cryer, BL, Contant, CF, et al. Clopidogrel with or without Omeprazole in Coronary Artery Disease; NEJM, 2010; epub ahead of print.

Related Information

...to warn against the concomitant use of Plavix and omeprazole because the co-administration can result in significant reductions in clopidogrel's active metabolite...

Package insert : Plavix



Use with Proton Pump Inhibitors (PPI):

Omeprazole, a moderate CYP2C19 inhibitor, reduces the pharmacological activity of PLAVIX. Avoid use of strong or moderate CYP2C19 inhibitors with PLAVIX. Consider using another acid-reducing agent with less CYP2C19 inhibitory activity, or alternative treatment strategies.

Pantoprazole, a weak CYP2C19 inhibitor, had less effect on the pharmacological activity of PLAVIX than omeprazole



Drug interaction of warfarin

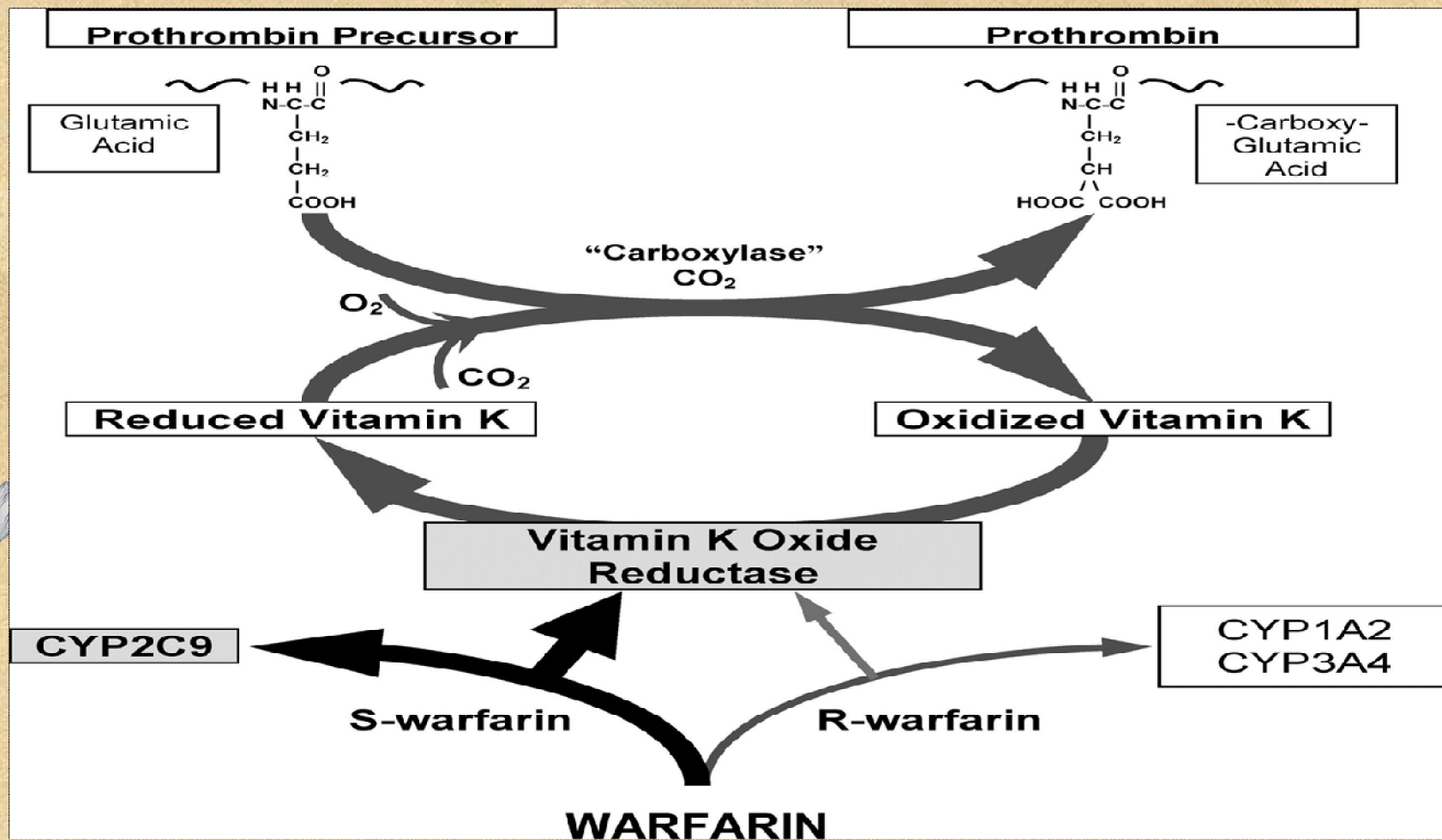


Table 1: The 8 A's – drugs that interact with warfarin*

Drug or drug class	Risk of hemorrhage	Mechanism
Antibiotics		
Most agents, but especially co-trimoxazole, metronidazole, macrolides and fluoroquinolones	↑	Inhibition of vitamin K synthesis by intestinal flora, inhibition of hepatic warfarin metabolism, or both
Rifampin	↓	Induction of cytochrome P450 (CYP) isoenzyme 2C9
Antifungals		
Fluconazole, miconazole	↑	Inhibition of CYP 2C9
Antidepressants		
Serotonergic agents (selective serotonin reuptake inhibitors)	↑	Interference with primary hemostasis; some (e.g., fluoxetine) also inhibit CYP 2C9
Antiplatelet agents		
Acetylsalicylic acid, clopidogrel, ticlopidine	↑	Interference with primary hemostasis
Amiodarone	↑	Inhibition of CYP 2C9
Anti-inflammatory agents		
All, including selective cyclooxygenase-2 inhibitors	↑	Direct mucosal injury; interference with primary hemostasis may also play a role
Acetaminophen	↑	Direct interference with vitamin K cycle
Alternative remedies		
<i>Ginkgo biloba</i> , dong quai, fenugreek, chamomile	↑	Multiple and often incompletely characterized
St. John's wort	↓	Multiple and often incompletely characterized

*This is only a partial list of drugs that can alter the response to warfarin. A more detailed discussion is given in references 4 and 5. Of note, some patients exposed to specific drug combinations will exhibit no interaction, in part because pharmacogenetics and other factors govern the expression of many interactions.

Drug interaction of warfarin



เพิ่ม INR	ลด INR
<p>Chondroitin/ glucosamine supplements กระเทียม, ขิง Fish oil, vitamin E มะม่วง มะละกอ น้ำ grape fruit น้ำทับทิม น้ำแคนเบอร์รี่</p>	<p>อาหารที่มีวิตามิน K ได้แก่ ตับ, บรอกเคอรี่, ผักใบเขียวต่างๆ, ถั่ว, นมถั่วเหลือง ยาสมุนไพร (Herbal) เช่น แปะกัวย (Gingko biloba), โสม (Ginseng) อาหารเสริม ผักสกัดอัดเม็ด คลอโรฟิลล์อัดเม็ด อัลฟาฟ่า ชาเขียว</p> <p>ตำ ะถิน, กระจูด, คენ้ำ, ผักบั้ง, ชะอม, สะตอ</p> <p>Vitamin K 100 mcg → INR ↓ 0.3</p> 

Drug interaction with NOACs



Dabigatran⁽¹⁻³⁾

Apixaban⁽⁴⁻⁶⁾ and Rivaroxaban⁽⁷⁻⁹⁾

Contraindicated

Note: Effect may last for several weeks after discontinuation of inducers of P-glycoprotein and/or CYP3A4

Anticoagulants

- anti-thrombin agents (e.g., bivalirudin)
- Factor-Xa inhibitors (e.g., apixaban and rivaroxaban)
- heparin (unless used to maintain a patent central venous or arterial catheter)
- heparin derivatives (e.g., fondaparinux)
- low molecular weight heparins (e.g., dalteparin and enoxaparin)
- warfarin (unless switching to or from a NOAC)

**Contraindicated with potent CYP3A4
and/or P-glycoprotein inhibitors**

Strong inhibitors of P-glycoprotein

- azole-antimycotics (e.g., itraconazole, ketoconazole, posaconazole, and voriconazole)
- HIV protease inhibitors (e.g., darunavir fosamprenavir, indinavir, lopinavir nelfinavir, ritonavir, and saquinavir)

**Contraindicated with potent P-glycoprotein
inhibitors**

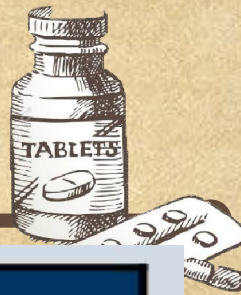
Strong inhibitors of both P-glycoprotein and CYP3A4

- azole-antimycotics (e.g., itraconazole, ketoconazole, posaconazole, and voriconazole)
- boceprevir
- cobicistat
- HIV protease inhibitors (e.g., darunavir fosamprenavir, indinavir, lopinavir nelfinavir, ritonavir, and saquinavir)
- imatinib

Avoid use

Note: Effect may last for several weeks after discontinuation of inducers of P-glycoprotein and/or CYP3A4

Drug interaction with NOACs



	via	Dabigatran	Apixaban	Edoxaban	Rivaroxaban
Atorvastatin	P-gp weak CYP3A4	+18%	no data	no effect	no effect
Digoxin	P-gp	no effect	no data	no effect	no effect
Verapamil	P-gp weak CYP3A4	+12-180% reduce dose take together	no data	+53% (SR) reduce dose	minor effect use with caution if CrCL: 15-50ml/min
Diltiazem	P-gp weak CYP3A4	no effect	+40%	no data	minor effect use with caution if CrCL: 15-50ml/min
Quinidine	P-gp	+50%	no data	+80% reduce dose	+50%
Amiodarone	P-gp	+12-60%	no data	no effect	minor effect use with caution if CrCL: 15-50ml/min
Dronedarone	P-gp weak CYP3A4	+70-100%	no data	+88% reduce dose	No data yet

Heidbuchel H, et al. *Europace*. 2013;15:625-651.^[31]

■ Not recommended/contraindicated
 ■ Reduce dose
■ Reduce dose if 2 factors or more
 ■ No data yet

Interaction of amiodarone with other drugs:



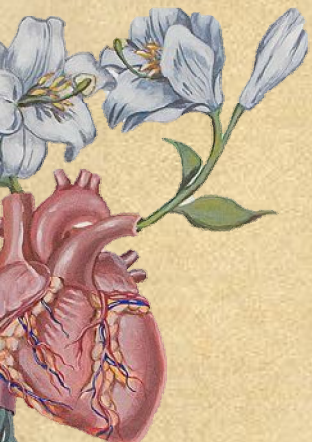
Drug	Result of interaction
Digoxin	Elevated digoxin plasma concentration
Warfarin	Elevated prothrombin time

Amiodarone : drug interaction



- Inhibitor of CYP1A2, 2C9, 2D6 and 3A4
- Inhibitor of P-glycoprotein system

Warfarin	Statins	Other
CYP2C9 and 3A4 inhibition	CYP3A4	↑ Digoxin levels
Potentiates warfarin anticoagulant effects	Increased statin concentrations and increased risk of statin-induced myopathy	↓ lidocaine clearance
Increased INR Onset: 4—6 days Peak: 7 weeks	Lovastatin: Max 40 mg/day Simvastatin: Max 20 mg/day	Potentiate beta blocker and calcium channel blocker effects

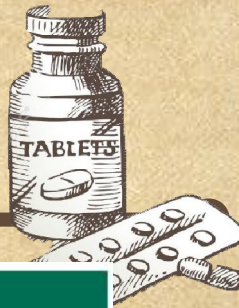


Important Amiodarone Drug Interaction



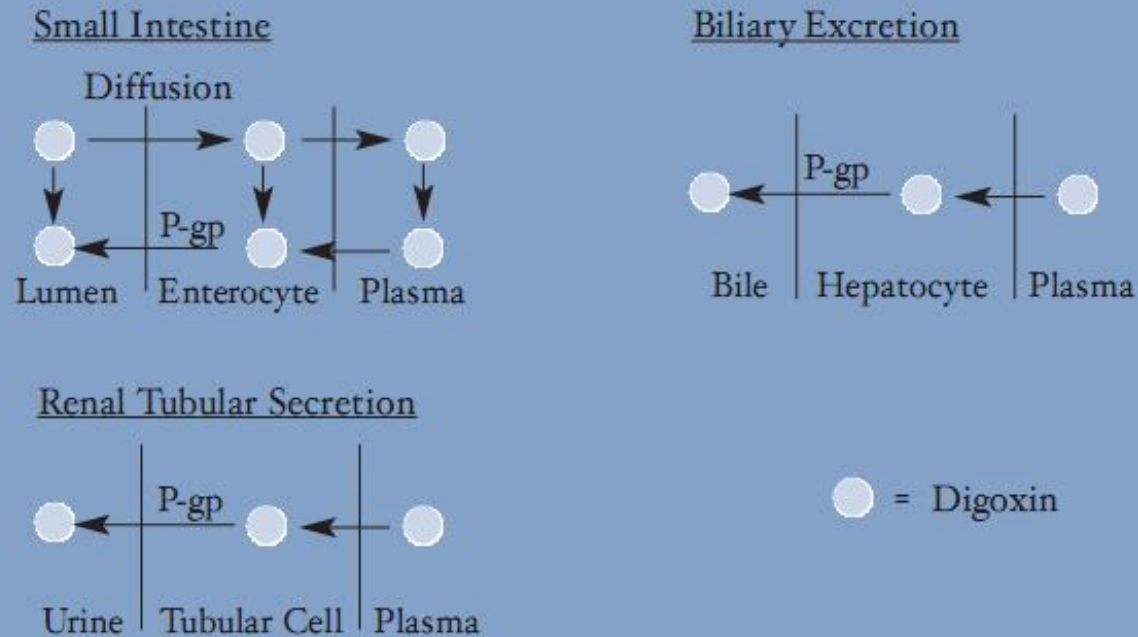
Drug	Result of interaction
Cyclosporine	Increased cyclosporine plasma concentration
Antiarrhythmic drugs	Additive effects: possible elevated plasma concentrations of quinidine, disopyramide, flecainide, propafenone and dofetilide

Drug Interactions with Digoxin



Figure

P-glycoprotein and Digoxin



P-gp = P-glycoprotein. P-gp is found in the enterocytes, hepatocytes, and renal tubular cells. It acts by pumping digoxin out of cells, resulting in a reduction in digoxin absorption and an increase in its biliary and urinary excretion.

Selected Drugs That Affect P-glycoprotein

Inhibitors

Amiodarone
 Clarithromycin
 Cyclosporine
 Diltiazem
 Erythromycin
 Felodipine
 Indinavir
 Itraconazole
 Ketoconazole
 Nicardipine
 Quinidine
 Ritonavir
 Sirolimus
 Tacrolimus
 Verapamil

Inducers

Rifampin
 St. John's wort

Adapted from Hansten PD, Horn JR. *The Top 100 Drug Interactions: A Guide to Patient Management*. Edmonds, WA: H&H Publications; 2004:157-169.

Drug Interactions with Digoxin



Serum levels	Medications
Increase digoxin level	Amiodarone, benzodiazepine, cyclosporine, indomethacin, Itraconazole, macrolides, spironolactone, verapamil



Drug Interactions with simvastatin



Interacting agents

Prescribing Recommendations

Itraconazole, Ketoconazole, Posaconazole (New)
Erythromycin, Clarithromycin, Telithromycin
HIV protease inhibitors, Nefazodone, Gemfibrozil
Cyclosporine, Danazol

Contraindicated with simvastatin

Avoid large quantities of grapefruit juice (>1 quart daily)

Drug interaction : Statins vs ARV



HMG-CoA Reductase Inhibitors			
Atorvastatin	ATV, ATV/c, ATV/r, DRV/c	↑ atorvastatin possible	Titrate atorvastatin dose carefully and use lowest dose necessary.
	DRV/r	DRV/r plus atorvastatin 10 mg similar to atorvastatin 40 mg administered alone	Titrate atorvastatin dose carefully and use the lowest necessary dose. Do not exceed 20 mg atorvastatin daily.
	FPV, FPV/r,	FPV +/- RTV ↑ atorvastatin AUC 130% to 153%	
	SQV/r	SQV/r ↑ atorvastatin AUC 79%	
	LPV/r	LPV/r ↑ atorvastatin AUC 488%	Use with caution and use the lowest atorvastatin dose necessary.
	TPV/r	↑ atorvastatin AUC 836%	Do not coadminister.
Lovastatin	All PIs	Significant ↑ lovastatin expected	Contraindicated. Do not coadminister.
Pitavastatin	All PIs	ATV ↑ pitavastatin AUC 31%, C _{max} ↑ 60% ATV: no significant effect DRV/r: no significant effect LPV/r ↓ pitavastatin AUC 20% LPV: no significant effect	No dose adjustment necessary.
Pravastatin	ATV/c, ATV/r	No data	Use lowest starting dose of pravastatin and monitor for efficacy and adverse effects.
	DRV/c, DRV/r	With DRV/r, pravastatin AUC • ↑ 81% following single dose of pravastatin • ↑ 23% at steady state	Use lowest possible starting dose of pravastatin with careful monitoring.
	LPV/r	pravastatin AUC ↑ 33%	No dose adjustment necessary.
	SQV/r	pravastatin AUC ↓ 47% to 50%	No dose adjustment necessary.

Cardiac drug interaction with alternate medicine or herb



Herb	Result of interaction
Ginkgo biloba extract	Reduces the therapeutic potency of the Calcium channel blocker, nicardipine



การกำหนดคู่ยาที่เป็น Fatal Drug Interaction



- มีรายงานการเสียชีวิตอันเป็นผลจากอันตรกิริยาระหว่างยา
- ระดับความมีนัยสำคัญทางคลินิกระดับ1
- ความรุนแรงอยู่ในระดับMajor หมายความว่า “ผลที่เกิดขึ้นจะก่อให้เกิดอันตรายถึงชีวิตและเป็นสาเหตุของความเสียหายอย่างถาวร”
- มีความน่าเชื่อถือของข้อมูลอยู่ในระดับน่าเชื่อถือโดยมี Well controlled-studies (Established) และน่าจะใช่ (Probable)



การเฝ้าระวังอาการของผู้ป่วย



ชื่อยาที่มีปฏิกิริยาต่อกัน		Onset	Effect	Management
Drug 1	Drug 2			
Diuretic	Digoxin	Delayed	<p>เพิ่มการขับ K ทางปัสสาวะ และมีผลต่อการทำงานของกล้ามเนื้อหัวใจอาจเกิด arrhythmia อาจเกิด digoxin toxicity ได้บ่อย</p>	<ul style="list-style-type: none"> - วัดระดับ K และควรเสริมให้ผู้ป่วยที่มีระดับ K ต่ำ - หรือให้ใช้ยาในกลุ่ม potassium-sparing diuretic

การเฝ้าระวังอาการของผู้ป่วย



ชื่อยาที่มีปฏิกิริยาต่อกัน		Onset	Effect	Management
Drug 1	Drug 2			
Amiodarone	Digoxin	Delayed	เพิ่ม digoxin level ประมาณ 70% กลไกจาก amiodarone ไป inhibit p-glycoprotein	<ul style="list-style-type: none"> - หากใช้ร่วมกันอาจพิจารณาลด dose digoxin ประมาณ 50% - ติดตามอาการไม่พึงประสงค์ของ digoxin toxicity

การเฝ้าระวังอาการของผู้ป่วย



ชื่อยาที่มีปฏิกิริยาต่อกัน		Onset	Effect	Management
Drug 1	Drug 2			
Simvastatin	clarithromycin	Not Specified	Contraindication เพิ่มฤทธิ์ ในการ เกิด rhabdomyolysis	- ไม่ควรใช้ร่วมกัน มีรายงานการเกิด rhabdomyolysis ภายใน 14 วันหลังได้ยา clarithromycin - อาจหลีกเลี่ยงไปใช้ ATB ชนิดอื่น

A pair of hands with light skin and manicured nails is shown from the bottom, cupping a large, vibrant red heart. The heart is the central focus, and the hands are positioned to support it from below. The background is plain white.

**Thank you
for your attention**